

Humansa

Be the Best Version of Yourself
做最好的自己



ESSENTIAL Health Check Program 優選健康檢查計劃

ESSENTIAL conducts a wider range of tests for common health diagnosis which are often asymptomatic during early stages that affect the various organs such as the heart, lungs, kidneys, liver, thyroid, gut, and eyes. The targeted screening actively seeks out chronic conditions that greatly benefit early diagnosis and treatment. Results are patiently explained during the dietitian and physician consultation.

「優選計劃」涵蓋更多的身體檢查項目，尤其是針對心臟、肺部、腎臟、肝臟、甲狀腺、腸道和眼睛最常見的健康狀況。許多慢性疾病沒有外在跡像或症狀，特別是在早期階段。定期的身體檢查有助提早診斷出常見的慢性疾病並作出適當的治療。除了由醫生講解報告外，我們的營養師更會按您的體檢結果作出飲食建議。



ESSENTIAL Health Check Program

優選健康檢查計劃

HK\$ 9,800

MALE 男

FEMALE 女

General Health Assessment 全面體格檢查			
Medical and Wellness Assessment	病歷和健康評估		
Physical Examination	體格檢查	●	●
Body Composition (BIA - Bioelectrical Impedence Analysis)	身體成分分析		
Eye Examinations 眼科檢查			
Visual Acuity Test	視力測試	●	●
Color Vision Test	色覺檢查		
Hearing Examinations 聽力檢查			
Tuning Fork Test	音叉測試	●	●
Cardiac Examinations 心肺功能檢查			
Electrocardiogram (ECG)	心電圖	●	●
Imaging 影像檢查			
Chest X Ray	胸肺X光	●	●
Ultrasound Upper Abdomen	上腹腔超聲波	●	
Ultrasound Breast (Female) OR 2D Mamogram	乳房超聲波或2D乳房X光造影 (女性)		●
Laboratory Tests 化驗室檢查			
Blood Analysis 血液分析			
CBC (Complete Blood Count)	血全像		
Blood Grouping	血型	●	●
ESR (Erythrocyte Sedimentation Rate)	血沉降率		
Helicobacter Pylori 幽門螺旋桿菌檢查			
Urea Breath Test (Non-invasive H.Pylori Test)	幽門螺旋桿菌吹氣測試	●	●
Renal Kidney Functions 腎功能檢測			
Urea	血尿素	●	●
Creatinine	肌酸酐		
Electrolytes 電解質檢查			
Sodium	鈉		
Potassium	鉀		
Chloride	氯化物	●	●
Phosphorus	磷酸鹽		
Bicarbonate	碳酸氫鹽		
Total Calcium	鈣		

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Liver Functions 肝功能檢測			
AST (Aspartate Transaminase)	穀草轉氨酶		
ALT (Alanine Transaminase)	穀丙轉氨酶		
ALP (Alkaline Phosphatase)	鹼性磷酸酶		
TB (Total Bilirubin)	總膽紅素		
DB (Direct Bilirubin)	直接膽紅素	●	●
Gamma GT	穀氨醯基轉移酶	●	●
TP (Total Protein)	總蛋白		
Albumin	白蛋白		
Globulin	球蛋白		
A/G (Albumin / Globulin) Ratio	白蛋白與球蛋白比率		
Diabetes Screening 糖尿病篩查			
Blood Glucose (Fasting)	血糖 (空腹)	●	●
Lipid 脂質檢查			
Total Cholesterol	總膽固醇		
HDL (High Density Lipoprotein) Cholesterol	高密度膽固醇		
LDL (Low Density Lipoprotein) Cholesterol	低密度膽固醇	●	●
Triglyceride	三酸甘油脂		
Total/HDL Ratio	總及高密度膽固醇比例		
Gout Screening 痛風篩查			
Uric Acid (Urate)	尿酸	●	●
Urine Examinations 尿液檢查			
Urinalysis	尿液分析	●	●
Stool Test 糞便檢查			
Stool: Occult (Hidden) Blood	糞便隱血	●	●
Hepatitis 肝炎檢測			
HAV Ab (Hepatitis A Virus Antibody)	甲型肝炎抗體		
HBs Ag (Hepatitis B surface Antigen)	乙型肝炎表面抗原	●	●
HBs Ab (Hepatitis B surface Antibody)	乙型肝炎表面抗體		
Thyroid Functions 甲狀腺功能檢測			
TSH (Thyroid Stimulating Hormone)	促甲狀腺激素	●	●
FT4	遊離甲狀腺素T4		
Cervical Screening 子宮頸癌篩查			
Pap Smear	子宮頸細胞抹片		●
Consultation & Others 諮詢及其他			
Assessment and Consultation by Doctor (First Visit)	醫生諮詢及初步評估 (首次到訪)		
Medical Report Analysis and Consultation by Doctor (Second Visit)	醫生諮詢及報告分析 (第二次到訪)	●	●
Weight Management and Consultation by Dietitian	體重管理及營養師諮詢		
Light Meal after the Medical Check-up	輕盈餐飲 (體檢完成後)		

Note: The above prices are effective as of March 2023. Humansa reserves the right to adjust the prices without prior notice.
備註: 以上價格自2023年3月生效。Humansa保留一切相關價格的調整權力, 不會再作另行通知。

Optional Add-On Examination Items 自選附加檢查項目

Price 價格 (HKD)

Consultation 諮詢		
Assessment by Physiotherapist (30 Min)	物理治療師評估 (30分鐘)	\$750
Assessment by Personal Trainer (30 Min)	體能教練評估 (30分鐘)	\$600
Eye Examinations 眼科檢查		
Auto-refraction	電腦驗光	\$1,200
Intra-ocular Pressure Assessment	眼壓測量	
Fundus (Retinal) Photo	眼底拍照	
Cardiac Examinations 心肺功能檢查		
Exercise Stress Test (Treadmill)	運動心電圖	\$3,400
Imaging 影像檢查		
Ultrasound Prostate (Transabdominal) (Male)	前列腺超聲波 (男性)	\$1,800
Ultrasound Thyroid (Male)	甲狀腺超聲波 (男性)	\$1,300
Ultrasound Pelvis (Female)	盆腔超聲波 (女性)	\$2,000
Ultrasound Breast (Female) and 3D Mamogram	乳房超聲波及3D乳房X光造影 (女性)	\$4,400
Ultrasound Breast (Female) OR 2D Mamogram	乳房超聲波或2D乳房X光造影 (女性)	\$1,850
DEXA Bone Densitometry (Spine & Hip)	X光骨質密度檢查 (腰椎及股骨)	\$1,150
Laboratory Tests 化驗室檢查		
Helicobacter Pylori 幽門螺旋桿菌檢查		
Urea Breath Test (Non-invasive H.Pylori Test)	幽門螺旋桿菌吹氣測試	\$850
General Cancer Markers 一般癌症指標測試		
AFP (Alpha Feto Protein) - Liver Cancer Marker	甲種胎兒蛋白 (肝癌)	\$1,300
CEA (Carcinoembryonic Antigen)	癌胚抗原 (結腸癌)	
CA19.9 - Pancreatic Cancer Marker	胰臟癌抗原CA19.9	
Female Cancer Markers 女性癌症指標測試		
CA125 - Ovarian Cancer Marker	卵巢癌指標CA125	\$3,000
CA15.3 - Breast Cancer Marker	乳癌抗原CA15.3	
AFP (Alpha Feto Protein) - Liver Cancer Marker	甲種胎兒蛋白 (肝癌)	
CEA (Carcinoembryonic Antigen)	癌胚抗原 (結腸癌)	
CA19.9 - Pancreatic Cancer Marker	胰臟癌抗原CA19.9	
EBV (Epstein Barr Virus)	艾巴氏病毒抗體 (鼻咽癌)	
Male Cancer Markers 男性癌症指標測試		
PSA (Prostate Specific Antigen) - Total	前列腺特異抗原	\$3,000
PSA (Prostate Specific Antigen) - Free	遊離前列腺特異抗原	
AFP (Alpha Feto Protein) - Liver Cancer Marker	甲種胎兒蛋白 (肝癌)	
CEA (Carcinoembryonic Antigen)	癌胚抗原 (結腸癌)	
CA19.9 - Pancreatic Cancer Marker	胰臟癌抗原CA19.9	
EBV (Epstein Barr Virus)	艾巴氏病毒抗體 (鼻咽癌)	
Others 其他檢驗		
Pap Smear	子宮頸細胞抹片	\$900
HPV DNA Testing	人類乳突瘤病毒基因檢查	\$900

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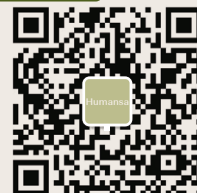
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Mon to Fri 星期一至星期五: 08:30 - 17:30
Sat 星期六: 08:30 - 13:00
Sun & Public Holiday 星期日及公眾假期: Closed 休息

For Enquiry 查詢詳情



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